



**HE HEROES**

By Raghavendra Odeyar

**Meet Aparna Sharma, Author, Coach & Woman Achiever**



**Aparna Sharma**

Aparna Sharma, a resident of Waldorf Society is an author, coach and woman achiever. Her latest book 'Between U & Me' was launched on 2nd June at our Club House.

Aparna who is a Senior HR professional with over 20 years of Corporate experience had launched her maiden book, "Reality Bytes-The Role of HR in Today's World" in 2015, which received wide acclaim across the globe. The book has also been translated in Hindi and has been launched across the country.

**About the Book 'Between U & Me'**

The essence of the book has been captured in the review by NRI news in New York, "What makes Aparna Sharma's book stand out is that unlike the norm, she does not use the lives of famous personalities to draw inspiration. Rather the book portrays the real-life stories of the people around her, who have inspired her and made a positive difference to her life... The protagonists of this book are so-called 'ordinary people, but each is an achiever in his/her own right. ...they have chronicled their life journeys, the circumstances and the challenges they faced with tenacity to reach the pinnacles of success, for the benefit of the readers."

**Recipient of a galaxy of awards**

Aparna has been a mentor and coach to leaders, leadership teams and organisations and has won a galaxy of awards. To name a few, **"Woman Achiever Award 2018"** conferred by Indian Women Convention (IWC), **"MTC Global Outstanding Corporate Award for Excellence in Human Resources"** during the 6th Annual Global Convention -SANKALP 2016; **"Women Achievers Award"** by World HRD Congress & Institute of Public Enterprise in 2013; **"HR Super Achiever Award"** by Star News at the 20th World HRD Congress 2012, et al.

**A well rounded personality**

A wildlife enthusiast and an amateur photographer, Aparna spends most of her leisure time closer to nature. She also loves travelling as it gives her an opportunity to meet new people. Books are Aparna's favourite ally and she dedicates every day some time to read something new. An avid reader, she has a collection of some of the finest books of the century.

Aparna has instituted "UDAAN" Scholarship - (a tribute to her late aunt, Late Dr. Mohini D. Vyas) for a couple of all-rounder girl students entering Class X, at St. Mary's Convent School in Ujjain, her alma mater. She also spends time in guiding and coaching students as part of the school's career guidance efforts. She is also actively involved in adult education through various forums and dedicates time at a couple of old age homes & orphanages in Mumbai.



(L to R) Aparna Sharma, N.M Sharma, Tanveer Shaikh, Pheru Singh Ruhela ji, Smt.Usha Sharma, Yogita Vaidya, Vandana Jadhav & Ashwin Pasricha

**Welcome Melody**

**All You Wanted**

**BANNED**

- Plastic bags with a handle and without
- Disposable cups
- Plastic plates
- Plastic spoons
- Plastic forks
- Plastic glasses
- Plastic containers
- Thermocol items
- PET and PETE bottles
- Non-woven polypropene bags
- Pouches and other plastics used to

**EXEMPT**

- Plastic bags used for exporting goods
- Plastic used for handling of solid waste
- Plastic used for packaging medicines
- Plastic used for packaging milk
- Plastic used for horticulture and agriculture
- Plastic used at the manufacturing

**TMC HELPLINE**

The Thane Municipal Corporation will even go door-to-door to collect (8291735893) has also been created.

**PENALTY**

From June 23 onward the state will include one-time use bags, spoons

**8 Practical Steps to b**

Dengue spreads due to the b female Aedes aegypti mosquito simple and practical tips that disease.

1 Man-made collection of cle water cooler, pots, old tyres, containers etc. are common