

The book presents extraordinary lessons from the lives of ordinary people.

Aparna Sharma, the author of the bilingual book, Reality Bytes–The Role of HR in Today's World, has launched her second book, Between U & Me.

The book presents extraordinary lessons derived from the lives of ordinary people.

Sharing the thoughts behind her work, Sharma says, "Since it is human nature to share and learn from others, why not seek advice from 'ordinary' but experienced people around us, who can guide us effectively and practically to resolve our problems?"

Sharma is a senior human resources professional and her last corporate role was that of CHRO at Lafarge Cements.

She believes that it's not just the celebrities who inspire us, but even commoners.

The book portrays the real-life stories of the people around her, who have inspired her and made a positive difference in her life—from her educational to personal and professional life.

The protagonists of this book are so-called 'ordinary' people—each one an achiever in her/his own right. Their life journeys have been chronicled in simple, lucid language. The circumstances and challenges they faced with tenacity to reach the pinnacles of success have been described for the benefit of the readers.

The book covers the experiences of an octogenarian former editor of the first English women's magazine in India; an entrepreneur who applies the ancient knowledge given by Chanakya to the business world; a household help, tested by circumstances but firm in spirit; and a young, guitar-strumming renunciate. These protagonists span generations and belong to different age groups and strata of society. However, the common thread that runs between them is, their attitude towards life and the fact that the transformation they brought into their lives, began with themselves.

Sharma says, "Some of these stories will leave you teary eyed, a few will make you ponder over the unjust norms of society while others will leave you marvelling at the sheer persistence of these people in the face of all odds. But all of them will, no doubt, change your perspective towards life and leave you motivated and empowered to take on your own challenges and rise above your situation."

The book has a slice of life for every reader. Each one will find something that will resonate with her/his life, either personal or professional.

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